

**Community Grants Program
Grant Report**



1594 Esmeralda Avenue
Minden, Nevada 89423

www.douglascountynv.gov
775-782-9821

Agency Name:	Tahoe Youth and Family Services		
Contact:	Cheyenne Lane	Title:	Interim Executive Director
Phone:	775-782-4202	Email:	cheyenne@tahoe youth.org
Project Name:	Mental Health and Substance Abuse Expanded Outreach Project		
Grant Funding Amount:	\$10,000		
Project Completion Date:	6/29/2023		

Describe how the funds were used to serve Douglas County residents.

These funds have been used to subsidize mental health and substance abuse services for residents of Douglas County, including children, adults, and families. We have provided a total of 217 services to Douglas County residents under this grant, with 152 of the services being Substance Abuse services and 65 being Mental Health Services.

Describe how the organization measured the success of the program/project. Provide qualitative and quantitative measures.

TYFS are ongoing and target new community members who find themselves in difficult situations at different stages of their lives. Thus, success is measured at an individual level, client by client. Our Outcomes Assessment is a pre-post evaluation of our clients. TYFS determines the client's status and improvement in seven life domains (Risk of Harm, Area of their environment, Acceptance and engagement, Overall communication, Area of self-worth, Work and/or school performance, and Connections). Our Outcomes Assessment also includes four questions that clients self-report on personal improvement made upon the conclusion of our services.

Douglas County grant dollars assisted TYFS in providing mental health counseling to 83 clients and substance abuse treatment to 32 clients during last year's grant period. Of those Adults receiving mental health Services, 89% increased their overall scores on our Outcome Assessment Form. Only one client did not improve. The following were the areas that the client improved most significantly.

- Risk of harm
- Area of their environment
- Acceptance and engagement
- Overall communication
- Area of self-worth
- Work performance
- Connections at work

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Of those Adults receiving Substance Abuse Services, 67% increased their overall scores on our Outcome Assessment Form. The most notable improvements were in the following areas:

- Risk of harm
- Acceptance
- Overall communication
- Self-worth
- Performance at work
- Connections at work

Of those Youth receiving mental Health Services, 97% increased their overall scores on our outcome Assessment Form. Eleven had dual diagnosis or co-occurring disorders, (mental health & substance abuse). The most notable areas where we saw improvement were:

- Risk of harm
- School
- Environment
- Overall communication
- Self-worth
- Connections with others
- Resiliency

Provide any changes or challenges to the original project plan and how it affected the project.

We did not experience any changes or challenges to the original project plan.